

Right from the Start: 8-week Parenting Program

Contributed by Melissa Hogg
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Babies communicate Right From the Start

Parents respond Right From the Start

Build a strong foundation Right From the Start!

Right From the Start shows you how to:

- * Be a more confident parent
- * Read baby's cues
- * Give baby some space
- * Bring out the best in each other

Location: Family & Early Childhood Centre 2764 Jacklin Road (behind Ruth King Elementary School)

Dates: Tuesdays, September 21-November 9, 2010 6:30-8:30 pm

Cost: FREE! Bursary available to help with child-minding, if needed

To register please contact Capital Families, Laurie or Susanne: 250-391-4911

Laurie@capfamilies.org or Susanne@capfamilies.org

www.capfamilies.org